

Referencias de *Energía vital*

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Introducción

Todo está relacionado

Arshad, Tamooore, James M. Paik, Rakesh Biswas, Saleh A. Alqahtani, Linda Henry, and Zobair M. Younossi. «Nonalcoholic Fatty Liver Disease Prevalence Trends among Adolescents and Young Adults in the United States, 2007-2016». *Hepatology Communications* 5, n. 10 (October 2021): 1676–88. <https://journals.lww.com/hepcomm/fulltext/2021/10000/nonalcoholic_fatty_liver_disease_prevalence_trends.6.aspx>.

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Capítulo 3

No confíes en tu médico, sino en ti mismo

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Capítulo 5

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Capítulo 6

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Capítulo 7

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Capítulo 8

Recuperar lo que la modernidad se llevó

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Capítulo 9

Atrevimiento

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